



# ST PAUL'S CHURCH

## WINCHMORE HILL



**DETAILS OF HOLY WEEK AND EASTER SERVICES  
ON PAGES 4 AND 5**

**Parish Magazine**

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**St Paul's Church, Church Hill, London N21 1JA**

Website: [www.spwh.org](http://www.spwh.org)

Charity number 1133942

**VICAR**

The Revd Daniel Sandham  
St Paul's Vicarage, Church Hill  
N21 1JA  
Tel: 020 8886 3545  
[vicar@spwh.org](mailto:vicar@spwh.org)

**Assistant Curate**  
Vacancy

**Hon. Assistant Curate**

The Revd Christine Morton  
122 Bourne Hill, N13 4BD  
Tel: 020 8886 3157

**Children and Families Worker**

Mrs Alison Perera  
[children@spwh.org](mailto:children@spwh.org)  
07887 812 558

**LICENSED LAY MINISTERS**

Mr Mark Ashworth Tel: 020 8360 1854  
Mrs Sarah Elkins Tel: 020 3231 0050

**CHURCHWARDENS**

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[will.sheldon@spwh.org](mailto:will.sheldon@spwh.org)  
Mrs Ann Petrides  
[ann.petrides@spwh.org](mailto:ann.petrides@spwh.org)

**YOUTH WARDENS**

Katie Kennelly  
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**CHILDREN'S CHAMPION**

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**SAFEGUARDING OFFICER**

Mrs Lynn Beecroft: 07803 712 021  
[safeguarding@spwh.org](mailto:safeguarding@spwh.org)

**DEPUTY SAFEGUARDING OFFICER**

Mrs Claire Knight 07736 934989  
[safeguarding@spwh.org](mailto:safeguarding@spwh.org)

**CHIEF RECRUITER**

Mrs Alison Stiles: 020 8360 3832  
[jastiles@blueyonder.co.uk](mailto:jastiles@blueyonder.co.uk)

**ORGANIST AND CHOIRMASTER**

Mr Christopher Foreman: 020 8803 0309

**SUNDAY SCHOOLS**

Mrs Alison Perera  
[children@spwh.org](mailto:children@spwh.org)  
07887 812 558

**SACRISTAN**

Mr Andrew Corden [jacorden@gmail.com](mailto:jacorden@gmail.com)

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Mrs Rebecca Clarke  
[pcc@spwh.org](mailto:pcc@spwh.org)

**PAROCHIAL CHURCH COUNCIL  
HON. TREASURER**

Mrs Alison Atkins  
[treasurer@spwh.org](mailto:treasurer@spwh.org)

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Mr John Hey [plannedgiving@spwh.org](mailto:plannedgiving@spwh.org)

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Mr Alan Davis  
[a.davis114@btinternet.com](mailto:a.davis114@btinternet.com)

**ST. PAUL'S CHURCH SCHOOL**

Consultant Headteacher: Mr Allan McLean  
Head of School: Mrs Suzanne Batsford  
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**AND HALL LETTINGS**

Parish Administrator Mrs Hilary Crocker  
Office open 9am - 1 pm Mon, Wed, and Thurs  
Tel: 020 8886 4290  
[office@spwh.org](mailto:office@spwh.org)  
Letter box by main hall entrance.

**PARISH MAGAZINE EDITOR**

Mrs Susan Chambers 020 8360 6437  
[magazine@spwh.org](mailto:magazine@spwh.org)

Dear Friends

When I penned my last magazine letter the invasion of Ukraine was only an idea in the mind of Putin and his collaborators. The rapidity with which that assault has torn through a nation, and the vast humanitarian crisis it has left in its wake, has shocked us all.

We approach our annual celebration of Easter. Every year the mystery of Christ's suffering, death and resurrection speaks to us of the triumph of love over evil, of life over death. As we witness evil on a scale many of us will have not seen in our lifetime, the Easter story speaks louder than ever. What we celebrate is not just the anniversary of an historical event, but a reminder that the work of our salvation continues. Jesus *still* continues to triumph over the powers of evil. And, even in the darkest hours of war, conflict and violence, there is hope. It is with that hope that we continue to pray for the people of Ukraine, and for peace.

I write this letter just hours after Nazanin Naghavi-Ratcliffe and Anoosheh Ashoori returned home to the UK after their years of detention in Iran. While the novelty of a positive news story grabbing the headlines does not diminish the suffering in so many parts of the world, it is another reminder that there is always hope. My prayer is that, this Easter, we all may have a renewed sense of the hope that Jesus Christ gives us, both for ourselves, and for the world for which he died and rose again.

With my love and prayers,  
Fr Daniel

## Services in April 2022



ST PAUL'S CHURCH  
MILNERSHALL

Morning Prayer and Evening Prayer are said publically Monday-Thursday at 9am and 5pm

The church is open for private prayer Monday-Thursday from 9am to 5.15pm

Day	Date	Observance	Time	Services	Prayer Intention
F	1				The people of Ukraine
S	2				The media
S	3	<b>THE FIFTH SUNDAY OF LENT</b> <i>Passiontide begins</i>	8am 9.15am 10.30am	Said Eucharist Joyful Noise Eucharist Sung Eucharist	Our parish and its people
M	4				Peace in the world
T	5				The Mothers' Union
W	6		12.30pm 8pm	Eucharist Nistisima: Georgina Hayden in conversation	Members of Parliament
T	7				Refugees
F	8				The medical profession
S	9				Pregnant mothers
S	10	<b>PALM SUNDAY</b>	8am 10am	Said Eucharist Liturgy of Palms and All-Together Eucharist	Our parish and its people
M	11	Monday of Holy Week	7pm	Eucharist	Those preparing for baptism
T	12	Tuesday of Holy Week	7pm	Eucharist	Persecuted Christians
W	13	Wednesday of Holy Week	12.30pm 7pm	Eucharist Eucharist	Victims of prejudice and oppression
T	14	<b>MAUNDY THURSDAY</b>	8pm	Sung Eucharist followed by Watch of the Passion	Grace to love one another
F	15	<b>GOOD FRIDAY</b>	10am 11.30am 2pm	Children's Liturgy Walk of Witness The Liturgy of Good Friday	Devotion to the passion of Our Lord Jesus Christ
S	16	Holy Saturday <b>EASTER EVE</b>	10am 8.30pm	Church cleaning morning The Easter Vigil	Those who mourn
S	17	<b>EASTER DAY</b>	8am 9.15am 10.30am	Said Eucharist Joyful Noise Eucharist Sung Eucharist	Our parish and its people
M	18	<b>Monday of Easter Week</b>			Joy in the Resurrection
T	19	<b>Tuesday of Easter Week</b>			Grace to proclaim the gospel
W	20	<b>Wednesday of Easter Week</b>	12.30pm	Said Eucharist	The unity of the Church
T	21	<b>Thursday of Easter Week</b>			New disciples
F	22	<b>Friday of Easter Week</b>			Our clergy
S	23	<b>Saturday of Easter Week</b>			The Orthodox churches
S	24	<b>THE SECOND SUNDAY OF EASTER</b>	8am 9.15am 10.30am	Said Eucharist Joyful Noise Sung Eucharist	Our parish and its people
M	25	<b>St Mark the Evangelist</b>			Our study of God's word
T	26	<b>St George</b>	9am	Eucharist	The people of England
W	27		12.30pm	Said Eucharist	Our uniformed organisations
T	28				Aid workers
F	29	<b>St Catherine of Siena</b>			The spiritual life
S	30				The unemployed

Services times are subject to change. Please contact the Parish Office for details.

Contact the clergy if you would like to speak to someone regarding your spiritual life, or to make use of the Sacrament of Reconciliation (confession)

# HOLY WEEK and EASTER 2022



## Palm Sunday 10 April

8am Said Eucharist  
10am Liturgy of Palms, Procession  
and All-Together Eucharist  
*starting on The Green*

## Good Friday 15 April

10am Children's Liturgy  
2pm The Liturgy of Good Friday,  
with Holy Communion

## Holy Monday, Tuesday and Wednesday

7pm Said Eucharist and homily

## Easter Eve 16 April

8.30pm The Easter Vigil  
*followed by champagne and canapés*

## Maundy Thursday 14 April

8pm Sung Eucharist  
followed by Watch of the Passion  
until midnight

## Easter Day 17 April

8am Said Eucharist  
9.15am Joyful Noise Eucharist  
10.30am Sung Eucharist

## A Prayer for Ukraine

God of peace and justice,  
we pray for the people of Ukraine today.  
We pray for peace and the laying down of weapons.  
We pray for all those who fear for tomorrow,  
that your Spirit of comfort would draw near to them.  
We pray for those with power over war or peace,  
for wisdom, discernment and compassion  
to guide their decisions.  
Above all, we pray for all your precious children, at risk and in fear,  
that you would hold and protect them.  
We pray in the name of Jesus, the Prince of Peace.  
Amen.

Archbishop Justin Welby  
Archbishop Stephen Cottrell





On Shrove Tuesday, 1<sup>st</sup> March, the main church hall was full of many busy children learning about why this day was also called 'Pancake Day' and having a go at making some pancakes themselves. This was thoroughly enjoyed by adults and children alike. Our thanks to Alison, our Children and Family Worker, for organising this event.



A few days after this, on Saturday 5<sup>th</sup> March, the Outreach Committee organised a coffee morning to which members of the wider community received invitations. It was a lovely opportunity to meet up with old friends and make new ones.

Donations on the day and a sale of the left over cakes the next morning raised £300 for church funds.



Lent began on Ash Wednesday, 2<sup>nd</sup> March, with three services that included the Imposition of Ashes, one of which was a school service.

There was a beautifully sung Choral Evensong on Sunday 13<sup>th</sup> March at which our guest preacher was the Revd Anna Stuttard, Priest-in-Charge at St Aldhelm's, whose sermon reflecting on the words of the psalmists and the Magnificat.



As is the tradition of the church, posies of daffodils, prepared by our Flower Arrangers, were distributed by members of our uniformed organisations during our Mothering Sunday services. At this service, Fr Daniel wore newly sponsored rose-coloured vestments that will be worn on the Third (Gaudete) and Fourth (Lætare) Sundays of Lent.

On 10<sup>th</sup> March, St Paul's hosted the Lent meeting of the Enfield Deanery Synod. The speaker at the meeting was the biblical scholar, Dr Paula Gooder and in her talk, *'Finding Nourishment in the Wilderness: Reflections on Lent in dark times'*, she reflected on the temptations of Jesus in the Wilderness and also spoke about what the wilderness meant to the Jewish nation as recorded in the Old Testament.

## LUMINARIES: TWENTY LIVES THAT ILLUMINATE THE CHRISTIAN WAY BY ROWAN WILLIAMS



### FLORENCE NIGHTINGALE

1820 - 1910

Rowan Williams describes Florence Nightingale as literally someone 'who brought light into dark places.' She is most famously remembered as the 'Lady of the Lamp' from her work in the wards of the military hospital in Scutari, during the Crimean War (1854 – 1856). She was instrumental in improving the life chances of wounded soldiers campaigning tirelessly with letters to the Government and her connections in Parliament to

send supplies and to make changes to the command structures and the processes in the hospital. She did this against the constant backdrop of interference and mistrust of the surgeons and doctors in the hospital who saw her as a threat and a nuisance. Eventually through the influence of Prime Minister Lord Palmerston who was a family friend, a sanitary commission was formed, and conditions improved for the wounded.

After the war Florence returned to England where she worked on a royal commission to investigate the medical practices of the military, along with the education and administration of the common soldier. She wrote a book on nursing and opened the Nightingale Training School for Nurses in a wing of St Thomas Hospital, followed by an Army Medical School. She even tried to write a book on theology but eventually abandoned the endeavour admitting, 'The mystical faith illuminated in St John's gospel, however incompletely I have lived it, was and is enough for me.'

Williams comments that she was 'in many ways a phenomenally difficult woman', and it is certainly true that she had both the self-belief and the necessary boldness to push through with her plans and reforms in the face of opposition, since at that time it was not thought appropriate for women in her position in society to be involved in politics, or social care. When she asked a German doctor whether he thought it would



be unsuitable and unbecoming for a woman such as her 'to devote herself to works of charity in hospitals and elsewhere as Catholic sisters do?' the doctor is reported to have responded, 'it would be unusual, and in England whatever is unusual is apt to be considered unsuitable!'

This drive however was born out of her clear sense of vocation. At the age of 8 she felt herself called by God into his service, but she spent many years in frustration as she sought to establish God's call for her life. She became involved in the care of the poor and sick in the villages of the estates of her parents from a young age and this was where she felt truly as though she was fulfilling the gospel; 'Truly I tell you, just as you did it to one of the least of these who are members of my family, you did it to me.' (Matthew 25:40)

Williams notes that all she did she did through her care for each individual before her. She was changed through her encounters with suffering, and it was her faith that gave her the possibility to be changed as well as to have the energy to create change around her. He notes 'it is possible, if your eyes are fixed on an uncompromising love, to see more clearly and then to love more exactly'.

Florence Nightingale 'saw what needed to be done and she did it; she saw because she was changed by the love to which day after day, she lifted her eyes.'

This feels like a prophetic word to us, especially in these days of war in modern Ukraine. May we too lift our eyes to God's love and so be able to see more clearly what needs to be done and have the strength of love and will to do it.

Sarah Elkins

## EASTER FOODBANK COLLECTION



To share the joy of Easter with others, donations of special (non-perishable) foodstuffs to celebrate Easter can be left at our collection point in the porch. These will be taken to the Foodbank on Tuesday 12<sup>th</sup> April.

Our food collection point in the church porch is available for anyone to use - no questions asked and no referral needed. Anyone in need is invited to take up to 6 cans per household per visit.

## FROM THE REGISTERS 2022



### BAPTISMS

27<sup>th</sup> February      Theodore Jones  
Lucy Rose

### FUNERALS

24<sup>th</sup> February      William O'Callaghan

## APRIL 2022 FLOWER ROTA

There are no flower decorations in church during Lent

16<sup>th</sup> April      The Flower Group will meet in decorate the Church for Easter.

23<sup>rd</sup> April      Adele Houldsworth

We would like to thank Adele, our Flower Arranging Organizer, and her team for the beautiful posies that were distributed on Mothering Sunday.

Adele would be pleased to hear from anyone who would like to join the flower arranging team. You can contact her on 020 8360 3676.

## ***Nistisima* Georgina Hayden in conversation**

Georgina Hayden discusses her new book *Nistisima*, inspired by 'fasting food' - food eaten during Lent and other times of fasting observed by those of Orthodox faith. She will be talking to Fr Daniel Sandham, and together they'll be exploring fasting in different traditions. Includes samples of Georgina's food!



**Wednesday 6<sup>th</sup> April 8pm**

***Tickets (free) required***

# LENT 2022

*"Lent is a time for discipline, for confession, for honesty, not because God is mean or fault-finding or finger-pointing but because he wants us to know the joy of being cleaned out, ready for all the good things he now has in store."* N. T. Wright

Join us this Lent at St Paul's. We're offering a variety of services and events, from simple services and silent meditation to engaging talks with high profile speakers and the full beauty of Anglican liturgy. We hope these resources help you to enter into the mystery of Lent, and draw you closer to Jesus.

All services and events are free and take place at St Paul's Church, unless stated otherwise.

## In the steps of St Cedd

a walking pilgrimage to St Peter's Chapel, Bradwell

**Saturday 7 May, 2022**

*A gentle 9 mile circular walk, including a Eucharist where St Cedd arrived in 654 on his mission to the East Saxons*

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ST PAUL'S CHURCH  
WINCHMORE HILL

There are some special birthdays to celebrate this month!



Bryan celebrated his 90<sup>th</sup> birthday with neighbours in for drinks and later with family and close friends for lunch at West Lodge Hotel. He also met up with his former school friend, Peter West, to reminisce on their days together at Highgate School.

Brian is a member of the Chartered Insurance Institute.

As a Scout and Cub leader for over 40 years, he holds the Chief Scout's highest Award.

At St Paul's Church, he led the meditation group for 32 years, helped with the youth club and he collated the church magazine for many years. Bryan is still the Book of Remembrance calligrapher. In the past, when he was more able, he transported people to and from various clubs held in the district. Over many years, Bryan has given so much to the local community.

Brian has been married to Mary for 66 years and has a daughter, a son, four grandsons and one great-grandson. He would like to thank those who sent cards and best wishes for his birthday.

Mary Howell

Congratulations to Peter West, seen here with Bryan as they reminisced about their school days at Highgate. Peter, who was the Head Teacher at St Paul's School for 20 years, also recently celebrated his 90th





The Baker family had a double celebration in March. Terry celebrated his 90<sup>th</sup> birthday and he and his wife, Edna, celebrated their 66<sup>th</sup> Wedding Anniversary!

The whole family enjoyed a party at West Lodge Hotel to mark these two special occasions.



And there is one more 90<sup>th</sup> to record!

Peter Rickwood celebrated his 90<sup>th</sup> Birthday on 25<sup>th</sup> March! Peter was the Sacristan at St Paul's for many years and it was at his suggestion that the votive candle stand was introduced to the church and it has been a much appreciated aid to prayer ever since. Peter also told us that his wife, Muriel (who was

our Sunday School Leader for decades) recently celebrated her 91<sup>st</sup> birthday.

Our congratulations and love to all of those who recently celebrated there significant milestones in their lives.

Finally, but by no means least, our congratulations go to our formed vicar, Will Adam, who has been named as the next Archdeacon of Canterbury and Residentiary Canon of Canterbury Cathedral. (Will is currently the Deputy General Secretary of the Anglican Communion and Director of the Department for Unity, Faith and Order.)





Hats off to the members of our Scouts, Cubs and Beavers Groups took part in a 12 hour sponsored sleep out at their Scout HQ on 12<sup>th</sup> March, raising an amazing £5348 for Ukraine.



On 10<sup>th</sup> March, it was standing room only when the community choir, 'R' Voices, held a concert in St Paul's Church Hall and raised over £5000 for Ukraine.



A retiring collection at the Enfield Choral Society Concert of music by women composers, past and present, held in church on 19<sup>th</sup> March, raised a further £550 for Ukraine.



## OUR ANNUAL CHARITY 2022 - CALM

Our annual charity, CALM (Campaign Against Living Miserably) is leading a movement against suicide.

Every week 125 people in the UK take their own lives and 75% of all UK suicides are male. CALM

exists to change this by offering life saving services, provoking conversation and bringing people together

to reject living miserably. CALM runs a free, confidential, anonymous helpline as well as a webchat service, offering help, advice and information to anyone who is struggling or in crisis.



Currently, there are two opportunities connected with St Paul's Church to support the work of this charity .

Firstly, CALM is the beneficiary of our lent Appeal this year and you can make a donation via the website [www.spwh.org](http://www.spwh.org) or you can make an payment online to:

*Account name St Paul's Winchmore Hill PCC*

*Account number 23119504*

*Sort code: 16 00 15*

*Reference (this is very important!): Your surname plus 'Lent Appeal'*

Alternatively, donations can be made via the Parish Office and marked 'Lent Appeal'.

Secondly, you can support Alison Perera, our amazing Children and Families Worker, who is raising funds for CALM by running in the Manchester Marathon on Sunday, 3rd April. You can still sponsor Alison via her Facebook page (which also logs her training runs, which are exhausting just to read).



## HALL HIRE

The main Church Hall can be hired for weekend birthday parties.

£50 per hour. Discounts available for regular use.

Ring the Parish Office for more information - 0208 886 4290



March 2022 was a very busy month for our Mothers' Union.

Our AGM on 17<sup>th</sup> March was well attended by members and we heard reports of the last year's activities and the plans for the rest of 2022.



The next week, on 24<sup>th</sup> March, we held our Lenten Lunch for thirty six guests from St Paul's and the wider community.



The MU in the Enfield Deanery held their Lady Day service at St Alphege's Church on 25<sup>th</sup> March and Hilary Crocker carried out branch banner in the procession.



## **MOTHERS' UNION DIARY APRIL 2022**

**THURSDAY 28<sup>TH</sup> APRIL AT 2PM IN THE CHURCH HALL**

Peter Orfeur will give an illustrated talk on the artist Lowry.

**EVERYONE IS INVITED TO ALL OUR MOTHERS' UNION MEETINGS**



## SIP AND PAINT EVENING ON 25<sup>TH</sup> FEBRUARY

I have not tried painting since I was in Y9 at school, many many years ago. My Art teacher had made it clear that I had no talent, so I dropped the subject and have felt diffident about trying to paint anything ever since.

But I was tempted by the casual tone of the poster and by the gloriously vibrant artwork which invited us to "Sip 'n' Paint" - and a glass of Prosecco was promised on arrival. Perfect!

I arrived to find a carefully organised Church Hall. Tables were laid out with equipment and materials and our tutor, Amy Meime, welcomed us all with a warm smile, a glass of bubbly and an apron. I joined a table of young Mums from the school who were friendly and helpful. There was a lovely, light-hearted atmosphere, everybody was chatting and having great fun.



We were shown some interesting techniques and given plenty of advice so that within a short time we were swirling our paints all over the canvasses in true Van Gogh style. Towards the end of the evening, all the different works of art were put on display. Some of them were stunning.

I thoroughly enjoyed every minute of the evening and was very proud to be taking my very own painting home with me. I had such a good time that I am hoping there will be another event soon - I would love to do this again. Liz Veitch

*Alison Stiles invites you to a*  
**Parkinson's Coffee Morning**  
 In aid of research into Parkinson's Disease  
 Prevention and Cure



**PARKINSON'S<sup>UK</sup>**  
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**Saturday 23<sup>rd</sup> April 10.30am till 12**

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**Please come and join us!**

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Presents

# MAY FAIR

Saturday 14th May  
11am-2pm

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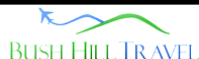
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